

# STOP BULLYING

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## Anti-Bullying Pledge

I pledge to do my part to stop bullying in my school and in my community. I will do my best to make others feel included, valued and respected. I will not be mean or hurtful to anyone for any reason. I know that words hurt but actions heal, so I will do my best to protect others from being bullied. I will report bullying if I see it happening and will stand up for what is right.

**The end of bullying  
will begin with me!**

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be a **HERO**   
ANTI-BULLYING  
INSTITUTE

Riverside Medical Clinic Charitable Foundation

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[AntiBullyingInstitute.org](http://AntiBullyingInstitute.org)