

STOP BULLYING

Anti-Bullying Pledge

I pledge to do my part to stop bullying in my school and in my community. I will do my best to make others feel included, valued and respected. I will not be mean or hurtful to anyone for any reason. I know that words hurt but actions heal, so I will do my best to protect others from being bullied. I will report bullying if I see it happening and will stand up for what is right.

**The end of bullying
will begin with me!**

be a **HERO** 
ANTI-BULLYING
INSTITUTE

Riverside Medical Clinic Charitable Foundation

AntiBullyingInstitute.org